



Newsletter 2 - 25 February 2019

Nau mai haere mai, Greetings | Tena Koutou | Talofa Lava | Malo e Lelei | Namaste | Ni sa bula | Noaia'e mauri | Fakalofa lahi atu | Kia Orana | Asalam Alykum | Ni Hao | Konnichiwa | An Nyung Ha Sai Yo | Nay Ho | Goeie Mōre | Привет



From the Principal

Parent Partnership Meetings

Thank you for taking the time to meet your child's teacher. We had an excellent turnout which is not only helpful to your child's teacher, to have a better understanding of your child, but lets your children know you really care about them and their education.

School Contracts

We are starting the second year of working alongside the Ministry of Education and several other schools to introduce

PB4L- Positive Behaviour for Learning

PB4L School-Wide looks at behaviour and learning from a whole-of-school as well as an individual child perspective. The framework is based on international evidence. The Positive Behaviour for Learning School-Wide framework, otherwise known as PB4L School-Wide, is helping New Zealand schools build a culture where positive behaviour and learning is a way of life. The framework can be tailored to the school's own environment and cultural needs. It's not about changing the students; it's about changing the environment, systems and practices the school has in place to support them to make positive behaviour choices. PB4L School-Wide is based on the Positive Behavioural Interventions and Supports (PBIS) framework developed at the University of Oregon in the 1990s. PBIS is now in thousands of schools across the United States and there are over 700 School-Wide schools in New Zealand.

Numeracy

This year a numeracy facilitator, Mrs Anne Milborne, will continue to work alongside teams and individuals - including classroom observations, modelling best practice, staff meetings.

Literacy - Reading

This year Dr Nicky Knight will continue to work on all aspects of reading across the school. Nicky will also be working with the senior teacher and Team Leaders Professional Development in:

- Leadership
- Appraisal

Leading with the four educational leadership qualities that underpin leadership in NZ:

- Manaakitanga (leading with moral purpose)
- Pono (having self-belief),
- Ako (being a learner) and
- Awhinatanga (guiding and supporting)

TALL Project (Team Approach to Language Learners) and English as A second Language Learners

This professional development involves our Learning Assistants in developing a team approach to help all students with specific needs.

Lost Property

The lost property bin is located on the deck by the Parent and Whanau Centre. Please encourage your children to look there as often they have left their clothing on the playground or field and gone back to class.

Student Safety

Thank you to everyone who is respecting the clearway areas. This makes it safer for traffic flow, just a small reminder that parking half on the curb and the road is not legal and you will get ticket by the council parking wardens. If you see someone please politely point out the signs as sometimes new parents or parents from the

Day Care maybe unaware there are restrictions.

Bullying Prevention and Response

Bullying is increasingly seen as a socio-ecological issue – related to interactions between students, and between students and their environment – rather than an issue where individuals are to blame. This means that multiple factors influence the likelihood of bullying, and the most effective way to reduce it, is to create a respectful and inclusive school environment. (1)

Every school needs a whole-school approach to addressing bullying. The guidelines for schools notes that rates of student-reported bullying decrease when schools create a “safe, positive, physical and emotional environment”. (2)

If staff, students, parents and whānau work together to proactively create and maintain a respectful and inclusive school environment, bullying incidents and the need to respond to these should drop. Students who attend schools with frequent bullying experience lower rates of achievement than students at similar schools with less bullying. (3)

Students who experience frequent bullying are more likely to experience symptoms of depression, avoid going to school or attempt suicide. (4)

Our school policy and procedures state: *Bullying usually has four common features:*

- *It is deliberate*
- *It is repeated over a period of time*
- *It is difficult for those being bullied to defend themselves*
- *It is difficult for those who bully to learn new social behaviour*

There are three main types of bullying

- *Physical: hitting, kicking, taking belongings*
- *Verbal: name-calling, teasing, insulting and racist remarks*
- *Indirect: spreading nasty stories, excluding from groups*

The key areas we continually work on is making sure we are a safe and inclusive school not just in words and ensuring partnership between parents, students and school to work towards solutions. Bullying is not acceptable on any level and we will act quickly when any instances of bullying is witnessed or brought to our attention. It is important that all students know what bullying is and what to do to stop it, whether it is them or another student. We don't apologise for taking a firm line on bullying as the effects not only affects your child's learning and behaviour but have negative life-long effects.

1. Boyd, S and Barwick, H. (2011) Wellbeing at School: Building a safe and caring school climate that deters bullying (pp.7-9). Retrieved from <http://www.wellbeingatschool.org.nz/sites/default/files/wellbeing-at-school-booklet.pdf> (<http://www.wellbeingatschool.org.nz/sites/default/files/wellbeing-at-school-booklet.pdf>).
2. BPAG. (2014). Bullying prevention and response: A guide for schools(p.9). Retrieved from www.education.govt.nz/bullyingprevention (<http://www.education.govt.nz/bullyingprevention>)
3. Mullis, I. M. (2012). TIMSS 2011 International Results in Mathematics. Boston: TIMSS & PIRLS International Study Centre.
4. Boyd, S and Barwick, H. (2011). Wellbeing at School: Building a safe and caring school climate that deters bullying, (p.6). Retrieved from <http://www.wellbeingatschool.org.nz/sites/default/files/wellbeing-at-school-booklet.pdf> (<http://www.wellbeingatschool.org.nz/sites/default/files/wellbeing-at-school-booklet.pdf>).

Emergency Contact - Updating school records

This afternoon, your child will come home with a form with the details of contacts we currently have for your child. If necessary, please make any corrections on the form, and return to the school office as soon as possible.

Several times this year already, we have had difficulty contacting parents because of changed information. Thank you in advance.

Thank you

Thank you for entrusting your children in our care. Visitors and parents often comment on the positive, caring and happy atmosphere that exists at Pakuranga Heights. Ongoing research shows that family engagement in schools improves student achievement, reduces absenteeism, and restores parents' confidence in their children's education. Students with involved parents or other caregivers achieve at a higher level, have better social skills, and show improved behaviour.



Our fabulous new Senior Playground is now open and the children are loving it!!






Upcoming Events

Upcoming events Term	
26 February	Swimming Rooms 20, 13 and Softball field day
27 February	Swimming Rooms 12,14-18, 21
28 February	Swimming Rooms 19, 22, 23
5 March	Swimming Rooms 20, 13
6 March	Swimming Rooms 12,14-18, 21
7 March	Swimming Rooms 19, 22, 23



Celebrating Excellence

Some budding Rembrandts from Rooms 1 & 2



Casey



Ella



Naaki



Ava



House Captains



Hi my name is Yastika and I'm a Tui House Captain for 2019!

My hobbies are playing netball and hockey, swimming and other sports that I'm willing to play. I like learning new things and I love writing and reading.

This year I'm going to help our school become the greatest school ever. I'm going to make sure that we all have fun. I have some great ideas on what we can do this year. I'm going to make 2019 ROCK!



Hi my name is Jordin and I'm one of your Kea House Captains for 2019.

My main interests are art and writing stories.

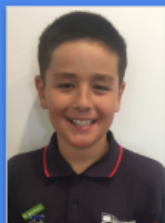
One thing I want to achieve this year is to help out with ideas for school fundraisers and competitions.



Hi I'm Abi and all throughout 2019 I will be your Weka Sports House Captain.

My hobbies and interests include writing, rugby, dance and learning new things.

This year, I am looking forward to making fun activities and games for everyone to participate in, along with helping others achieve their goals.



Hi my name is Shayne and I am one of your Piwakawaka House Captains and your Head Boy for 2019!

My hobbies and interests are rubiks cubes, video games, music and playing baseball. I used to play for the Howick Pakuranga Red Socks.

I want to make this year fun for everyone as much as I can. I have really fun ideas for 2019 in order to make this year the best.



PHS students are encouraged to bring a Waste Free Lunches to help reduce the amount of rubbish that we send to landfills. *Every Wednesday teachers will be checking lunchboxes and students with waste free lunches will have a chance to win some awesome prizes at the end of the term!*

Here is some information on how to pack a waste free lunch:

Wipe out Waste

Pack waste free food!

Did you know that up to 50% of items in school/preschool bins come from food and drink packaging is brought from home?

Pack

- Snacks in reusable containers
- Drinks in a reusable bottle
- Reusable utensils when needed
- A reusable lunchbox or backpack

Avoid

- Lunches packed in plastic bags, cling film or foil
- Disposable drink boxes, cans, cartons and bottles
- Disposable forks and spoons
- Pre-packaged lunches or single serve items

Government of South Australia
Department of Environment and Water
Zero Waste SA

KESAB



Advertised items are from paid advertisers or non-profit organisations and the content in these advertisements do not necessarily reflect the view of the school nor has the school endorsed their products.

DIT



Hi is your child/children looking for a sports club to play rugby league?
Then LOOK NO FURTHER!!!

The Pakuranga Rugby League club is now welcoming players boys/girls aged U/6 to U/16's to register with our family oriented club.

We are now holding registrations - All new players are to provide a copy of their birth certificate.

Should you require further information please feel free to contact
Wanita Te Wao (Junior Chairman)
021 222 3331
wanitatewao76@gmail.com

GAME DAY! #StarsWhānau

NORTHERN STARS **V** **Good Oil TACTIX**

WEDNESDAY 6 MARCH 7.30PM
PULMAN ARENA, AUCKLAND

ANZ PREMIERSHIP

Northern Stars

The 2019 ANZ Netball Premiership season is going to be hotly contested and the Northern Stars invite you to be on the side-line cheering them on. With an amazing Coach, Team, and home venue, the Northern Stars will take on the Mainland Tactix on Monday 6 March at Pulman Arena, Takanini @ 7.40pm. Adults \$25 and Children only \$15.00. See Netball at its best.

For other game dates and details and fantastic membership offers visit: www.northernstars.co.nz and follow us on Facebook and Instagram!



ASJ Auckland St Johns Netball Club

Cant play for your school netball team? Join ASJ Netball Club

Years 3 - 8, U15 & U17

St Johns & Mt Eden



ASJ Netball Club

Auckland St Johns Netball Club, also known as ASJ, was formed to provide netball for players who do not have school teams or wish to play in a club team. ASJ caters to school years 3 – 8 with teams playing at either our St Johns venue or our Windmill Park, Mt Eden venue.

There are not trials for ASJ teams however, the coordinator puts players into teams based on age and experience.

Locations:

St Johns Venue – Years 3-6 | Thursday nights
Years 7-8 | Tuesday nights

Windmill Park Venue – Years 3-4 | Thursday nights
Years 5-8 | Wednesday nights



Auckland Netball

Auckland Netball Centre
7 Allison Ferguson Drive, St Johns
PO Box 18 257, Glen Innes, Auckland 1743
T 09 570 0030
www.aucklandnetball.co.nz

Find us on 

WHAT KIND OF ADVENTURE ARE YOU LOOKING FOR?

Girls love adventure! It's a great way to make friends, build confidence, boost self-esteem and learn new skills.

0800 22 22 92
GIRLGUIDINGNZ.ORG.NZ



YOU BE THE GUIDE

92% Parents say Daughter's Confidence Has Grown!

GirlGuiding New Zealand has been undergoing a bit of a transformation recently and we wanted to get in touch with you to see if Pakuranga Heights School could support us to reach more girls in Pakuranga Heights.

92% of our current parents are seeing the results of how we use fun, adventure and friendship to build girls' confidence. Guiding is a place where girls can be girls, where they will discover their passions, contribute to their communities and form friendships in a safe and positive environment. Our non-competitive learning environment is open-minded and values based. It's a supportive place to grow confident, adventurous girls who are ready to be tomorrow's leaders.

Our local Pippins and Brownies units have spaces for girls aged 5-8 years, to come along and make friends, build confidence, boost self-esteem and learn new life-skills.



The wait is over! We are excited to announce our 2019 Back to School Campaign kicks off TODAY, 22nd February. This year, Richie has paired up with one of our superstar winners from last year's campaign, Blaze from [Kimi Ora Community School](#), to create another memorable experience for Fonterra Milk for Schools.

We are giving you the chance to share an Anchor milk moment with someone deserving in your community and Richie at your school! This is a great opportunity to empower kids to share the positive benefits of drinking milk with the wider community.

Click on the below to check out some videos of Richie McCaw & Blaze. Be sure to share these with your school!

How do I enter?

Anyone can enter the competition by nominating a local community hero at www.fonterramilkforschools.com – entries are open until Sunday 17th March. It's really easy to enter - you can make a video, take a photo or write a story in 150 words*.

Be in to win a Primary School visit from Richie McCaw & a year's supply of Anchor Milk*!

We will select 3 winning schools across the country that will each enjoy a visit from Richie [McCaw](#) along with your local community hero!

In addition, the winning local community hero will win a year's supply of Anchor Milk.

Fonterra link

<https://www.youtube.com/watch?v=l0aG5OaUSGo&list=PLzxDubftJD9GkUs0rPZulEGdHA-gVfwMH>
(<https://www.youtube.com/watch?v=l0aG5OaUSGo&list=PLzxDubftJD9GkUs0rPZulEGdHA-gVfwMH>)

Signature: